

## **THYROID PRE-APPOINTMENT CHECKLIST**

We recommend the following items are received by our office PRIOR to scheduling your appointment. Our office is happy to assist you in obtaining these items or any necessary referrals.

We also recommend you call your insurance carrier to ensure we are covered by your plan.

If you are from out of town, we try to coordinate the consultation, imaging and surgery into a four or five day trip whenever possible. However, it is not always safe or appropriate to proceed to surgery after the initial consultation (e.g., additional testing or care coordination is required or surgery is not recommended).

- Completed New Patient Form (<https://www.downtownsurgeryspecialists.org/patient-resources>)
- Referring doctor information/recent office visit note
- Copy of health insurance card
- Lab tests
  - TSH (or thyroid panel)
  - Total 25-hydroxy-vitamin D level (within last year)
  - Basic or Comprehensive Metabolic Chemistry Panel including calcium level
  - PTH (parathyroid hormone), thyroglobulin &/or antibody levels (if you have any on file)
  - Needle biopsy/pathology reports (if you have any on file)
- Any related imaging (neck ultrasound, nuclear scans, etc.). We request BOTH the reports and images in advance. If you have not had prior imaging, or additional imaging is needed, we will arrange this during your visit.
- Any prior relevant pathology or operative reports.
- Patients with a history of heart disease need recent EKG and cardiologist clearance to proceed with surgery.
- Patients on blood thinners – our office will need to verify with your prescribing doctor a safe plan for stopping/restarting your medicines.
- Other serious health conditions: may require additional records/specialist consultation.

If you have any additional questions, please call our office at 303-812-6850.